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The highest compliment I can receive is a referral. If you were satisfied with my service, please send your friends and family my way! Please ask them to mention your name.

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MY NJ INJURY LAWYER Howard P. Lesnik, Esq.

Spring 2022

Spring Ahead 2022!

Happy Spring, Everybody! I hope everyone stayed warm, cozy and safe during the winter. I also hope that everyone found a little time to enjoy the winter, whether it was building a snowman, sledding, or watching winter sports on TV! We could not get enough curling during the Winter Olympics in Beijing this year. Who knew a sport that involves stones, sweeping and gripper shoes on an ice court could be so exciting?

When we weren't watching the Olympians compete for medals in Beijing, we kept busy with our own sports. Annabelle was on the swim team, Charlie was on the basketball team, and we all learned to ski! After 2 straight weekends on the bunny slopes with lessons at Blue Mountain, we braved the full mountain and skied all the green beginner trails in January. By President's weekend, we were ready for Vermont and skied for three days at Mount Snow! Fresh powder made the trails fun to ski, and soft when we fell! The final day of the weekend was so warm we were able to ski without our heavy winter coats. We can't wait to go back.



Skiing at Mount Snow in Vermont, we can't wait to go back!

A month later we all had a week off for Spring Break and travelled to the Florida Keys. The Florida Keys are 125 miles long from the mainland of Florida to Key West. Our first stop before our hotel was the Blue Giraffe for key lime pie! Then we made a stop at Robbie's in Islamorada to feed the tarpon. We had to fight off the resident pelicans who tried to steal the bait fish we were feeding to the tarpon. We stayed in Marathon, which is about 45 miles to Key West. Our hotel was right before the 7-mile bridge that connects the middle-keys to the low-keys. And if you're counting, there are 42 bridges that connect all the Florida Keys.

We snorkeled in Marathon and took a boat to a sand bar. We also made day trips to Key West where we visited the southern-most point in the United States which is 90 miles to Cuba. We also jet skied and parasailed. Every day we saw dolphins play by the beach, and each evening, we saw bright orange sunsets. And of course, we had our daily dose of key lime pie! They even have key lime pie on a stick, my personal favorite.

We are looking to a spring filled with travel baseball for Charlie and school plays for Annabelle. I will be coaching Charlie's baseball team and Keri is directing Annabelle's school play! I hope that your spring brings you warmer, sunny, and longer days for outside fun and activities. And if you know anyone who needs a personal injury attorney, please contact me any time. Have a great Spring, everyone!



My NJ Injury Lawyer, Howard P. Lesnik, Esq. Referral Rewards

I love referrals! Please give my name and number to anyone who may need my help. I thank the kind people who have referred my law practice to their family, friends, and colleagues by making a donation to this month's featured charity.

Donations are being made to SCOPE (Summer Camp Opportunities Promote Education) in appreciation for referrals given to me by these kind people:

Francis M. Smith, Esq.

Robert G. Stahl, Esq.

Joseph D. Rotella, Esq.

Dr. David Friedman

For more information
about SCOPE visit
www.scopeusa.org

Who Pays Your Medical Bills after a NJ Car Accident?

If you or a loved one was injured in a car accident, you may have been taken from the accident scene by ambulance to the emergency room. After being examined, you may be admitted to the medical center. Car accidents can happen in a flash. Medical bills can pile up just as quickly.

If you were injured in a NJ car accident, you will receive medical bills from the ambulance, emergency room, hospital, doctors, MRI facility, and other physicians who treated you. If you needed surgery or were admitted to the hospital for an extended period, these medical bills can seem astronomical. Who pays for your medical bills after a car accident in New Jersey?

Most people automatically assume that the insurance company for the other car will pay the medical bills. However, in New Jersey, this is not the case.

Personal Injury Protection (PIP) Covers Your Medical Bills in NJ

In New Jersey, insurance companies are required to provide Personal Injury Protection, known as PIP coverage. PIP coverage will cover your medical bills if you are involved in a NJ car accident regardless of who's at fault for the crash. But wait, there's a whole lot more. . .

Car Accident Medical Bills PIP may cover family members who reside with you if they are involved in a car accident and do not own their own car. This is true even if the family member

was injured in a car accident and wasn't in your car at the time of the accident. You read that right: if a family member resides with you, and doesn't have his own car, and is in an accident in someone else's car, your PIP pays for his medical bills.

PIP may also provide medical coverage to passengers in your car who are injured in a car accident, if they don't have their own car, and don't reside with someone who has PIP coverage.

And because the law requires PIP coverage, your insurance rates should not be affected. Many people simply abandon their personal injury claim because they don't have their own car and are afraid to ask a relative they reside with for the car insurance policy.

Therefore, if you do not own a car, and are injured in a car accident, you are still entitled to PIP benefits for your medical expenses. Your PIP benefits will be covered by the policy of someone you reside with, or the policy of the vehicle you were riding in.

And yes, there is still more. If there is no PIP coverage available to anyone where you reside, and no PIP coverage for the car you were in, you can apply for PIP coverage through the State of NJ. NJ has set up a fund through a program called NJ PLIGA – which may cover your medical benefits if you are injured in a car accident and there is no PIP coverage. But you must notify NJ PLIGA within 180 days or you will not be able to apply for medical PIP coverage from the State.

2022 Spring Giveaway

*We are offering a free car insurance guide, packed
with critical information you should know,
to the first 25 people who contact my firm!
Call 908-264-7701 or email howard@lesniklaw.com*

Featured Charity

SCOPE (Summer Camp Opportunities Promote Education)

SCOPE was established for one simple reason, to provide summer camp opportunities to ALL children, regardless of socio-economic background. Children who receive SCOPE camperships gain access to attend overnight summer camp throughout the United States, free of cost to their family.

Camp teaches life skills that encourage children to reach their potential long after summer camp has ended. 100% of the children receiving SCOPE camperships commit to staying in school.

Please get involved or donate here: <https://scopeusa.org/get-involved/donation/>



Accident Injuries: What is Open Reduction and Internal Fixation?

Open reduction and internal fixation (ORIF) is a surgical procedure used in serious fracture cases to stabilize and repair broken bones. You may require an ORIF procedure if you are in an accident and suffer trauma to your bones, resulting in significant injuries.

Open Reduction and Internal Fixation There are three bones in your ankle joint: the tibia (shinbone), the fibula (the smaller bone in your leg), and the talus (a bone in your foot). Many types of trauma sustained in accidents can damage any of these bones. A personal injury accident may be so severe that the trauma can cause the bones to move out of alignment.

If your ankle fracture is severe, you may require an orthopedic surgeon to perform an ORIF to align and stabilize your bones. During an open reduction and internal fixation surgery, orthopedic surgeons physically implant hardware, such as screws, plates, rods, wires, or nails to your bones.

Why would I need an open reduction and internal fixation surgery?

If you have been a victim in a New Jersey motor vehicle accident, tripping or falling accident, or suffered a sports injury from skiing, snowboarding or tobogganing, you may suffer a severe fracture that requires ORIF to fix and heal your bones. People usually require ORIF surgery when:

- The leg bones are severely out of alignment;
- The fractured bones penetrate through your skin;
- The bones have been shattered into several pieces;
- The bones are not stable.

For these types of injuries, your surgeon will perform ORIF to restore your bones to their proper position and stabilize them so you can heal.

What are the risks of ankle fracture open reduction and internal fixation?

There are always potential complications that occasionally happen during ORIF, as is the case with any surgical procedure. Possible complications include:

- Pain around the fracture site and pain associated with the metal hardware, screws and rods inserted into your bones;
- Infections;
- Nerve and muscle damage;
- Future arthritis;
- Additional medical costs and expenses to care for the injury after surgery.
- Potential that the fracture may not heal properly, in which case you would have to undergo a second ORIF to repair and/or insert additional hardware into your bones to fix the fracture.

It is critical to factor in all the costs and expenses associated with an ORIF surgery, and the aftercare associated with this severe injury when negotiating a potential settlement with the insurance company or the party responsible for your injuries. *Once your NJ personal injury case settles, it is closed for good and you can never reopen again to seek compensation for future medical care or expenses.* Your NJ personal injury lawyer must have the necessary knowledge and experience to engage in settlement negotiations to make sure that you are fully compensated for your pain, suffering, medical expenses and any other economic damages as a result of your injury.

Featured Expert

Dr. Edward Novik

Union Anesthesia Associates (www.unionspinepain.com) specializes in treating the patient's pain source, and not just the symptoms. Their practice expertly performs and researches the latest in non-invasive and minimally invasive surgical techniques. Additionally, they have had tremendous success in non-surgical techniques that help alleviate or completely eliminate the patient's pain condition.

In addition to his work at Union Spine and Pain Management, Dr. Novik works as a specialist in pain management at Overlook Hospital and Trinitas Hospital. He has extensive training in anesthesiology, pain management, and internal medicine.

Client Reviews

I was referred to Howard and I'm so glad I made the call. In the early days of my injury, he took the time to answer my texts and phone calls, answered all my questions, explaining things in detail. If you ever need an attorney Howard is the person to call.

Jen Ivkovich

October 15, 2020

Howard is professional and pleasant at all times. He kept me informed every step of the way and explained the entire process to me in detail and kept me updated throughout the process. I was being sued due to a car accident with false accusations. The case was dismissed! I highly recommend Howard because he will fight with and for you until the very end. He is the BEST!!

Curlyn Cajuste

September 4, 2020

Key Lime Pie

My favorite Key Lime Pie recipe of all time! Tart and sweet and most important, simple, this Key Lime Pie will impress friends and family! A delicious graham cracker crust is a must — filled to the brim with an incredible creamy filling and easy to make! You won't be able to stop at just one slice!

Ingredients

Graham cracker crust

- 1 1/2 cups graham cracker crumbs
- 1/3 cup granulated sugar
- 6 tbsp butter melted

Key Lime Filling

- 28 oz sweetened condensed milk
- 1/2 cup light sour cream
- 3/4 cup key lime juice
- zest from 2 regular limes or 4 key limes

Whipped Cream Topping

- 1 cup heavy whipping cream
- 1/2 cup powdered sugar
- 1 tsp vanilla extract

Instructions

Graham cracker crust

1. Preheat oven to 375F.
2. Mix graham cracker crumbs, sugar, and butter in a small bowl. Press the crumb mixture into an 8" - 9.5" pie pan. Bake for 7 minutes. Cool for at least 30 minutes.

Key Lime Filling

1. Preheat oven to 350F
2. Whisk together sweetened condensed milk, sour cream, lime juice, and lime zest in a medium bowl. Pour into prepared graham cracker crust and bake for 10 minutes.
3. Let pie cool slightly before chilling for at least 3 hours.

Whipped Cream Topping

1. Beat heavy cream and sugar together in a mixer until stiff peaks form. Beat in vanilla. Spread or pipe the whipped cream on top of the cooled pie. Top with additional lime zest if desired.

Communication Policy

I pride myself on delivering high quality legal work. It is my policy to return phone calls and emails in the order they are received and based on the priority of the situation. If you leave a message or send an email, one will be returned usually within 24 hours. Exceptions may occur if I am involved in or preparing for a big event like a deposition, mediation, or arbitration. If you do not receive a response within 24 hours, I believe you have the right to complain. Some clients feel that calling multiple times a day will get their call answered faster, but that is not the case. Email is the quickest way to get a response, since I can return emails any time (I get them on my cell phone). We meet and take important calls by appointment only, so your meeting or call is meaningful and productive and so I am prepared to answer your questions to the best of my ability.

New address or phone number?

Help us stay current by letting us know! Call me at (908) 264-7701 or email howard@lesniklaw.com

Published for information purposes only and no legal advice is intended. Each case is different. You are invited to discuss your legal questions with Mr. Lesnik at no initial cost or obligation.

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RETURN SERVICE REQUESTED

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